

Emergency Medicine Residency Program Frequently Asked Questions

How many shifts will I be working in the ED a month?

16-18 in a 4 week block

How long are the shifts?

Shifts will be a mixture of 9 hour and 12 hours.

Is there a didactic curriculum? Is that time protected?

Didactic sessions are every Wednesday from 8a-1p. Residents will have protected time the night off before every didactic session and for the time of conference. This protected time extends for all rotations.

Is your hospital a trauma center?

We are currently a level II trauma center and the only trauma center in the tri-county area including Polk, Hardee, and Highlands county. We are also in the process of accreditation for level I trauma status.

Where are pediatric patients seen?

Our dedicated pediatric ED opened in 2018 and sees approximately 50,000 pts a year, with a great diversity in patient pathology and acuity.

How much pediatric exposure will I get?

Residents spend a total of 22 weeks over three years in the Pediatric ED, in addition they will spend 4 weeks in the Pediatric Intensive Care Unit.

Will there be ICU rotations?

Residents rotate in the PICU, TICU, and MICU with additional elective rotations available. We have a total of 20 weeks of dedicated ICU time scheduled throughout the residency program.

What will be my exposure to ultrasound?

We have an intense ultrasound curriculum with a dedicated ultrasound director and faculty. Residents will have a longitudinal ultrasound experience with dedicated scanning shifts and review.

How much vacation time is there?

Residents have 4 weeks of vacation time per year.

How are didactics structured?

A systems-based curriculum is used in order to provide a clinical framework to the didactic sessions. Didactic sessions are designed for active learning. We have a mixture of traditional lectures, case based small group discussions, flipped classroom, and simulation. Didactics curriculum includes case conferences, evidence based medicine lectures, interdisciplinary case based conferences, M+ M, procedural and case based simulation, and core topics.

How will procedures be logged?

All procedures are logged through our residency software program New Innovations.

How are traumas run at this hospital?

All trauma alerts will be run in conjunction with the trauma surgery team. The team will consist of a combination of surgery and EM residents. EM residents are solely responsible for airway management with EM and surgery residents alternating leading the resuscitation and performing various trauma procedures.

Is there a stipend for meals?

Yes. There is a daily allowance for meals purchased in the hospital cafeteria and café. In addition to the daily stipend, there is additional food, beverages, snacks, coffee, and tea available 24/7 free of charge in the resident lounges.

Will there be an orientation?

Yes. There is a two week "EM boot camp" which includes, small group learning, ultrasound training sessions, ekg lectures, airway lab, multiple procedure labs, and various talks from core faculty to introduce residents to working in the ED.

Do I have to rotate at other facilities?

No, all rotations take place at our primary site Lakeland Regional Hospital with the exception of the EMS rotation which takes place with Polk County Fire Rescue only 1.5 miles away from the hospital.

How many residents per year?

15

What sort of amenities are provided to residents?

24 hour dedicated call rooms. Dedicated residents lounge with food and beverages provided 24/7 free of charge. Daily meal stipend. The residents are also provided with full benefits from day 1 of orientation. Rosh Review and reading materials are provided, medical licensing and Step 3/Level 3 is reimbursed.

What type of hospital is Lakeland Regional Health?

Lakeland Regional is a community based level 2 trauma center that sees about 200,000 patients per year. It is a comprehensive stroke center and chest pain accredited, with multiple sub-specialty backup. Level 2 NICU, comprehensive OB/GYN services. Dedicated woman and children's hospital. Lakeland is a state psychiatric receiving facility, with new inpatient behavioral health facility recently added. We are an independently owned and operated medical center that is not for profit and an eligible PSLF site.

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